

Top tips for Personal (your) Development

1. Start by asking yourself what you want **right now**: more money, promotion, easier life or what???
2. Then ask yourself what you [really] want. The authentic answer to this will be your **drive**.
3. Identify the 3 or 4 results (**deliverables**) you are being paid to deliver right now. Are they SMART (ring me if you don't know)
4. Identify your strengths in relation to your deliverables.
5. Name the 3 or 4 people you really need have a strong relationship with in order for you to achieve your deliverables.
6. Identify what is or what could block your performance – in relation to your deliverables.
7. Name the people you go to when you are in a **real** crisis.
8. Think about any new responsibilities for taking up now (that will not prejudice your existing deliverables)
9. Reflect on your answers to the above questions and decide on three actions that you are going to take that will lead to enhancing your performance and put a date commitment against each.
10. Repeat stages 1 to 9, though this time for a 3 year time frame.

For best results do this with a coach or a colleague that you really trust.

For further information contact Dave Stitt on 0191 5166878/ mobile 07904 186855 or e-mail dave@dsabuilding.co.uk

Visit web site at www.dsabuilding.co.uk