

Our deepest fear

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves; ‘Who am I to be brilliant, gorgeous, talented and fabulous?’ Actually who are you not to be? You are a child of God. You playing small doesn’t serve the World. There’s nothing enlightened about shrinking so that other people won’t feel insecure around you. We are born to make manifest the glory of God that is within us. Its not just in some of us, it’s in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.”

Marianne Williamson, in *A Return to Love*
(Quoted by Nelson Mandela in his 1994 inaugural speech)

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